

115 Woodmont Blvd. Nashville, TN 37205



TO VIEW THE Abe's Garden Annual Report

PLEASE VISIT

WWW.ABESGARDEN.ORG/ANNUALREPORTS



volunteer spotlight

Heidi Hassenfeld

From sing-a-longs to culinary classes, Heidi Hassenfeld helps engage residents at Abe's Garden.

Hassenfeld's father had dementia for 13 years, and she became his primary caregiver when her mother passed away unexpectedly. As a volunteer with the organization since its opening, she aims to share experiences her late father never had with people experiencing cognitive changes.

"After moving my dad to Nashville, I quickly realized there was a huge gap in our healthcare system related to those who understand individuals with dementia and the needs of the families involved," said Hassenfeld. "I wanted to contribute to a place I wish existed when my dad was alive."

Hassenfeld, a physical therapist, was drawn to Abe's Garden because it is dedicated to serving people with dementia, applies best practices from research while working with a major medical center, and continually educates its staff and evolves its programming.

She has supported the organization's music club and culinary club – where residents pick fresh herbs from the gardens

to use in meals – and helped staff launch several internal communication groups such as a resident newspaper team, storytelling group, and "good news" club.

"It's such an uplifting experience to see the interactions," said Hassenfeld. "I am very grateful that Abe's Garden exists and provides people with memory loss and their families an environment that enriches their lives."



Transforming the care of individuals with Alzheimer's disease and related dementias



Proud and Loving Son Shares His Passion for Abe's Garden

The concept of

Abe's Garden is

beautiful, and the

execution continues

to inspire and grow.

y mom sat in her house for three years, under what we thought was our great care, before coming to Abe's Garden. Abe's gave her new gifts. Abe's gave her activities. Abe's gave her the sound of music and other people. If she wanted it, Abe's gave her history classes, news, gardening,

cooking, arts and more. Abe's gave her a safety zone and I never doubted her safety for a minute.

Most of all, Abe's gave her love.

Show me another "home" for mom where the chef is as passionate about her well-being as anyone else. I never expected that anywhere. We became family with Abe's, from the reception staff, to the many nurses and employees caring for mom, to some of the administrative support staff, and the prince of a man preparing her meals. There are people there I love and I hope, now that our journey is complete, that I never forget or get out of touch with.

My mom just passed and we are very sad. The entire staff stepped up to unbelievable levels of support in our final days.

> It's not the facilities you see, which are beautiful, it's the people you don't even know that will help make your loved one's journey more complete.

The concept of Abe's Garden is beautiful, and the execution continues to inspire and grow.

BARRY FOGLE

Barry's mother, Dorothy "Dottie" Fogle was an Abe's Garden resident from October 2015 to December 2016.



Pictured above: Barry (I.) with his mother Dottie and brothers Eric and Brett (r.).

WHAT WE DO

Abe's Garden seeks to establish a model of residential and day programs for those with Alzheimer's disease. The goal is to transform care for those with Alzheimer's and related dementias throughout the United States by providing an unprecedented level of care for individuals diagnosed with these disorders. Equally important, it is a site of research and teaching, setting a new standard for other programs and residential communities devoted to caring for our nation's rapidly expanding senior population.



THANK YOU FOR YOUR contributions

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> • Mr. & Mrs. Henry Foyer • Mr. & Mrs. Frank Friedman • Mr. Tom Frye & Ms. Frances Baird

Pictured below: Abe's Garden residents and staff visited Safe Haven Family Shelter for a volunteer orientation and tour.

Photo credit: Lori Latusek

W.



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LanP. Photo credit: Lori Latusek

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${ m N}$ National Council of Jewish Women

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II • Mr. & Mrs. Rick Wilson • Mr. Thomas Cook Wylly, III

Y Ms. Peggy Young

Z Mr. & Mrs. Jeffrey J. Zander • Mr. & Mrs. Bruce Zeitlin • Mr. & Mrs. Raymond Zimmerman

* = deceased Every attempt was made to ensure the accuracy of the information. We apologize for any omissions or errors.

Pictured on facing page, above: Theo Miesner filming free online caregiving videos, which can be viewed at www.ABESGARDEN.ORG/CARE-VIDEOS

in memory of

A Frances Allen Mr. Kevin Hall • Harriet Green Marks Alperin Anderson-Benson / Mr. & Mrs Mark Cohen / Ms. Nancy Flexer / Mr. Steven Greil / Mr. & Mrs. John Hassenfeld / Mr. & Mrs. David Hettinge • Adell Alpern Mr. & Mrs. Richard Jacobson

B Don Baer Mr. Steven Greil • Bernita Brown Mr. Steven Greil / Mr. & Mrs. John Hassenfeld / Mr. & Mrs. Moises Paz / Mr. & Mrs. Michael Shmerling • Tom Burton Mr. & Mrs. Michael Shmerling • Julie Bush Mr. Steven Greil

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Hoffman / Mr. & Mrs. Barry Koretzky / Chris Finck and John LaPlante / Mr. &
Mrs. Michael Shmerling / Dr. & Mrs. Robert Shmerling / Ms. Peggy Warner •
Barbara Ezell Mr. Steven Greil

F Anne Fairfield Mr. & Mrs. Michael Shmerling

G Joseph Anthony Galante Nashville Entrepreneur Center • Eleanor Goodman Mr. & Mrs. Michael Shmerling

Pictured below: The Music and Memory program provides a personalized playlist that is enjoyed by resident Judy Bivens.



G (cont.)

Glen Grant Mr. & Mrs. Michael Shmerling • Raye Ann Greenbaum Mr. Steven Greil / Mr. & Mrs. John Hassenfeld / Mr. & Mrs. Michael Shmerling
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L Mr. Leibman Ms. Suzanne Brandes Lois Lewis Mr. & Mrs. Michael Shmerling Roberto Ligotti Mr. & Mrs. James Bracken Pictured below: Abe's Garden hosted a dog show for residents.

P Raymond Palmer Mr. Chris Brown Sofia Paz Ms. Beverly Patnaik Phil Plant Mr. & Mrs. Michael Shmerling Judith B. Poindexter Ms. Mary L. O'Kelly

K Brad Reed Mr. & Mrs. Michael ShmerlingCaleb Henry Reed Mr. &Mrs. Terry RainesSara Rachel Robin Ms. Jan LiffFern Roderick Mr. & Mrs.Michael ShmerlingAlice Evelyn Roehl Mr. & Mrs. Charles RobinJay RosenblumMr. Steven GreilPete Roth Mr. Steven Greil / Mr. & Mrs. John Hassenfeld / Mr.Kenneth Katzoff / Ms. Jan A. Liff / Mr. & Mrs. Larry Okenuff / Mr. Rudy Saperstein /Mr. & Mrs. Michael Shmerling

S Elinor Saperstein Ms. Anita Baltimore / Mr. & Mrs. Roger Dukess / Mr. & Mrs. Jerome Guttman / Mrs. Reta Guttman / Mr. & Mrs. Douglas Hirt / Mr. & Mrs. Irwin Hodes / Ms. Jamie Katseff / Ms. Lisa Levi / Mr. & Mrs. Robert Nadler / Dr. & Mrs. James Ramsey / Dr. & Mrs. Howard Rosen / Ms. Joan B. Shayne / Mr. & Mrs. Michael Shmerling / Dr. & Mrs. Craig Sussman / Truxton Trust Cecile Ginsberg Schlesinger Mr. & Mrs. Morris Brook / Mr. & Mrs. Michael Shmerling / Dr. & Mrs. Volney Gay / Dr. & Mrs. Fred Goldner, Jr. / Mr. H. Carl Haywood / Mr. Brooks Katzman / Dr. & Mrs. Dan Sanders, III / Mr. & Mrs. Michael Shmerling / Ms. Dona Tapp / Mr. & Mrs. Mitchell Taub / Mr. & Mrs. Jim Terrell Barbara Schwartz Mr. & Mrs. Michael Shmerling Siblings - Abe, Deloris and Rita Mr. Corky Rorrer & Ms. Hermene Rocamore

M Robert McNeilly, Jr. Mr. Steven Greil / Mr. & Mrs. Michael Shmerling Clayton McWhorter Mr. & Mrs. Michael Shmerling Cynthia and Richard Morin Mr. Steven Greil / Mr. Kenneth Katzoff / Mr. & Mrs. Michael Shmerling

Photo credit: Bobby Heller

Robert Moser Mr. & Mrs. Michael Shmerling *Rita Moskovitz* Mr. Kenneth Katzoff

N John Neff Wexford Homewoners Assoc. Donald F. Neibergall Mr. & Mrs. Norm Armitage O Denis O'Day Mr. & Mrs. Richard Peugeot Roger Osborne Mr. & Mrs. Michael Shmerling Kay Otto Mr. & Mrs. Michael Shmerling Carolyn Murray Outlaw Ms. Monica Carlson / Ms. Emily Magid / Ms. Ellen Quertermous / Mr. & Mrs. Michael Shmerling / Mr. Ron Watson • Hazel Cay Ozburn Mr. Tom Ozburn Sara Ann Smith

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☐ Merryl Thornton Mr. & Mrs. Colman Hoffman V Lucas Van Orden Mr. & Mrs. Michael Shmerling Shirley "Sam" Van Orden Mr. & Mrs. Michael Shmerling

> WRobert Weil Mr. Steven Greil Mildred and Wayne Whitt Mr. & Mrs. Wilby Whitt

in honor of

Abe's Garden leadership team Ms. Beverly Patnaik • Employees of the salon, Independence Plus and Abe's Garden concierge desk Ms. Vicky Raines • Celia Brooks' 1st birthday Mr. & Mrs. Morris Brook • Helen Burnett Dr. & Mrs. David Barton • Eric Chazen's birthday Ms. Sally Simon • Donna Coleman Mr. & Mrs. Hodge Drake • Dorothy* & Paul Conkin Dr. & Mrs. Samuel McSeveney • Mike Cooper's recovery Mr. & Mrs. Irwin Hodes • Ann James Cummings Dr. Mark Frisse • Sandra & Jim Daniell Dr. and Mrs. Craig Sussman • Dena Davies Mr. Rudy Saperstein • Karen & Danny Dugan Ms. Jana Lisle Parham • Jacinda Green Mr. & Mrs. Moises Paz • Eileen Handler Dr. & Mrs. Raymond Isenburg • Bryan Vaden & Jim Hood Moises Paz • Patricia Madden Ms. Joni P. Werthan • Kathy Mattea Ms. Ilene Sussman • Lura Jane Mattson Mr. Richard W. Mattson •

Mary Ann McCready Ms. Kelly Blackstock



Pictured above: Founder and President of Hearthstone Alzheimer Care and "I'm Still Here" author Dr. John Zeisel and Abe's Garden's Director of Life Engagement Brenda Nagey moderated "Meet Me at the Movies" at the Belcourt Theatre to engage individuals with Alzheimer's disease and educate their caregivers.

Bob Moses Ms. Marlene Moses / Mr. & Mrs. Ryan Moses / Ms. Joyce Vice / Mr. & Mrs. Robert Warnke Marlene Moses' 65th birthday Dr. & Mrs. Frank Boehm / Mr. & Mrs. Scott Moskovitz / Mr. & Mrs. Philip Russ

Helen Moskovitz' recovery Mr. Mayer A. Cohen • Scott Moskovitz' birthday Mr. & Mrs. Bob Oglander • Bernie Pargh's birthday Mr. & Mrs. Bobby Rosenblum • Bobby Perry's new position Mr. & Mrs. Moises Paz • Helen Frances Phillips' birthday Mr. & Mrs. Moises Paz / Mollie & Bobby Perry • Mary Purcell Mr. Bill Purcell & Ms. Debbie Miller • Andrew Sandler Mr. & Mrs. Moises Paz • Jacob Shmerling's birthday Mr. & Mrs. Colman Hoffman • Michael Shmerling Col. & Mrs. O.J. Milano / Neal & Harwell, PLC • The birth of Abby Wayne Mr. & Mrs. Colman Hoffman / Mr. & Mrs. Steven Lefkovitz • Roy Wunsch Ms. Kristin Braaksma/Mr. & Mrs. Ronald Elz/Ms. Dea Smith • Beth Zeitlin Dr. & Mrs. Steven Baum / Mr. & Mrs. Moises Paz



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Kathryn Dettwiller **"Urn"**



Dennis Wile
"Heart Shaped Leaves"

Renowned local artists' works on display at Park Manor.



Other artists who have contributed original artwork to Park Manor include:

John Baeder, Martha Berry, Brenda Butka, Roger Clayton, Kathryn Dettwiller, Lanie Gannon, Donna Glassford, Alan LeQuire, Mike Martino, Marilyn Murphy, Julie Sola, Pamela Smilow, and Dennis Wile.

Alan LeQuire **"Dream Forest"**