

*Transforming the care of individuals with
Alzheimer's disease and other dementias*



seeds

WHAT WE DO

Abe's Garden® is establishing a model of residential, day, and community-based programs for those with Alzheimer's disease. The goal is to transform care for those with Alzheimer's and other dementias throughout the United States by providing an unprecedented level of care for individuals diagnosed with these disorders. Equally important, it is a site of research and teaching, setting a new standard for other programs and residential communities devoted to caring for our nation's rapidly expanding senior population.

Abe's Garden® Care Partner Jessica Parker and resident Marcia Beranek wearing donated cloth face masks.

Photo by Susan Burdorf

DONORS ARE HEROES, TOO

Abe's Garden® Friends Share Necessities, Entertainment and Appreciation During the Pandemic

By Lori Latusek

From the initial days of the COVID-19 pandemic through the last several weeks, Abe's Garden® and Park Manor have received an outpouring of support from generous residents, family members, friends, and neighbors.

Abe's Garden® and Park Manor's priority has always been – and remains – the safety and health of their residents. Passionate and committed team members have exceeded expectations to ensure the health and well-being of residents through vigilance in pandemic precautions and maintaining stay-at-home orders. They deliver meals daily, create safe and innovative engagement opportunities, and coordinate visits with loved ones through floor-to-ceiling windows and via video conferencing platforms. This dedication is being recognized in thoughtful and surprising ways.

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As they enter the campus each day, team members are reminded that their hard work is appreciated. Yard signs presented by the family of Park Manor resident Myrtle Ann Archer read: “Thank you, staff, for your loving care of our loved ones.”



Abe's Garden® resident family members Chris Follansbee and Pat Malone contributed snacks for team members.

Other resident family members have expressed gratitude to those caring for their loved ones with special break-time meals, sweet treats, and gift baskets filled with healthy snacks. And thanks to the generosity of two organizational leaders, team members have received complimentary take-home meals and care packages that include paper towels, toilet paper, fruit, and family-sized canned soups and vegetables.

The safety of team members and residents has also been at the forefront of in-kind donations. Costume designer June Houghton Kingsbury founded Facebook group MedThreads Volunteers Nashville and worked with a Vanderbilt University Medical Center surgeon to design cloth face masks. Kingsbury, daughter of late Abe's Garden® resident Dick Houghton, and MedThreads donated approximately 100 home-sewn masks for residents and nonclinical team member use. Abe's Garden® and Park Manor Volunteer Coordinator Susan Burdorf sewed and donated about 300 masks for residents and nonclinical team members as well.

Additionally, friends from Nelson's Green Brier Distillery donated 1,000 four-ounce spray bottles of hand sanitizer, and Aimee Burgett, Paychex Health and Benefits Consultant, contributed over 120 small bottles of hand sanitizer for residents' and team members' personal use.

Led by Abe's Garden® board member Saurabh Sinha, emids contributed a bulk order of N95 masks, a week's

worth of healthy snacks for direct care staff, and eight refurbished laptops for virtual visits between residents and their loved ones.

“The generosity of the community has been tremendous and heartwarming,” says CEO Chris Kincaid. “Spirits are lifted when those working so hard know they're being appreciated not only by leadership but also the families of those they're caring for every day. It means a lot. All of our wonderful team members are committed to the Abe's Garden® mission, and we'll keep fighting this thing together.”

Abe's Garden® and Park Manor's pandemic-driven, limited visitor policy has not prevented volunteer musicians from keeping residents entertained. Once a month for more than a year prior to these limitations, cellist Nicholas Gold performed in person for Abe's Garden® residents. Now Gold plays weekly one-hour concerts for residents via video conferencing platform Zoom. Residents also enjoy twice-weekly 30- to 45-minute Zoom performances by classical music students ages 5-17 from Vanderbilt University's Blair School of Music. And local 17-year-old violinist Abigail Harms has recorded several musical performances specifically for Park Manor and Abe's Garden® residents to view individually, at any desired time, via YouTube.



Paychex Health and Benefits Consultant Aimee Burgett donated over 120 bottles of hand sanitizer for residents and team members.

“Residents always perk up when they hear music,” says Burdorf. “To be able to continue to provide them live performance experiences at this time has been important and special. We really appreciate the creativity and flexibility of our dedicated volunteers to keep our residents entertained and connected to music.”

THANK YOU FOR GIVING

Philanthropy – the love of humankind – improves the life of the giver and the recipient. Each person and organization listed below gave to Abe's Garden® in 2019 to make life better for those living with cognitive challenges. Thank you for expressing your kindness and compassion in such a meaningful way. We appreciate YOU!

Every attempt was made to ensure the accuracy of the following information. Please contact us with any corrections.

\$50,000 to \$550,000

Care Foundation of America, Inc.
Mr. & Mrs. Herb Fritch
Mr. & Mrs. Bernard A. Pargh
Lisa & Mike Shmerling

\$10,000 to \$49,999

The Anita & William Cochran Foundation
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First Horizon Advisors
Royce & James Fishel
Ms. Susan Foxman
Ms. Frances Baird & Mr. Tom Frye



Park Manor residents (l. to r.) Geraldine Bryant, Martha Blankenship, Mary Hardison, and Ann Call (right) enjoy potting new plants.

Mary Gingrass, MD
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Geraldine Bryant



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& Hunter McDonald
Ms. Noreen Nalli



*Abe's Garden®
Life Engagement
Coordinators Valerie Snider
and Shawn Brooks carted
around Cinco de Mayo
treats for residents.*

Mr. & Mrs. Russell Oldfield
Jennifer Bostwick-Owens &
David A. Owens, PhD
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Ms. Maureen McGargill
Mr. & Mrs. Robinson McGraw

Ms. Diane McNamara
Sandra McSeveney
Mr. & Mrs. Robert Michel
Mrs. Margy Milam



*An Abe's Garden® resident and
culinary club member happily
creates s'mores cups to share
with her neighbors.*

Ms. Carol Moore
Beth & Britt Moses
Kitty Murphy
Katrina Newell
Lisa & Bunny Oakes
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Ms. Marcy Rutledge
Mr. & Mrs. Ronald Samuels

COMPLIMENTARY ESTATE PLANNING SERVICES

Abe's Garden® is partnering with Thompson & Associates to provide you with free, customized estate planning guidance that assures your legacy will be realized. Please contact Donna Coleman, Senior Director of Marketing and Development, at 615.490.6340 or dcoleman@abesgarden.org for more information.



TO VIEW THE NEWLY RELEASED ABE'S GARDEN® ANNUAL REPORT, PLEASE VISIT WWW.ABESGARDEN.ORG/ANNUALREPORTS

Ms. Patricia Sapinsley
Ms. Nicole Scott
Ms. Charlotte Seloff

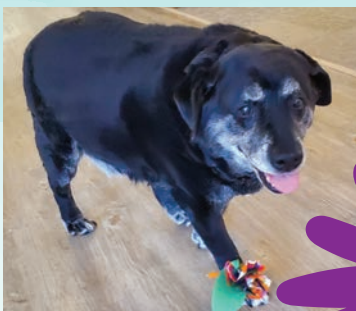


To celebrate Mother's Day, Primrose preschool students crafted paper corsages and notes for Abe's Garden® residents – and our resident dog (right).

Ms. Cindy Nachman-Senders
Mr. & Mrs. Charles Shaylor
Shelley's YPO Forum
Mrs. Anita Sheridan
Dana & Tom Sherrard
Ms. Venus Singleton
Gloria Sir
Mr. Norman Snider
Ms. Nan Speller
Ms. Alyse Sprintz
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Ms. Elizabeth Wheeler
Mr. & Mrs. Joseph Whitson
Ms. Sarah Wilkinson
Beth Williamson
Mr. William Wills
Mr. & Mrs. Rick Wilson
Mr. & Mrs. Walter Wilson
Mrs. Herbert Young
Wendall Zerface



We applaud our Centennial Society Members who have contributed to Abe's Garden® for 10+ consecutive years.

The Blum Family Foundation
Sandra & Jim Daniell
Royce & James Fishel
Ralph M. Greenbaum
Ardis Jacobson
Teresa Kersey
Patty & James Marks
Donna & Ottavio Milano
Dorothy & Jack Miller
Cindy & Scott Moskovitz
Mary Ann & Dick Peugeot
Lisa & Michael Shmerling
Paula & Bob Snyder
Brenda & Joe Steakley
Anne Westfall
Elisha & Jeffrey Zander
Beth Zeitlin



TEAM MEMBER APPRECIATION

We were pleasantly surprised by the following thoughtful thank-you message from a resident's family in the July 2020 edition of *Community Impact Newspaper*.

To every Abe's Garden and Park Manor team member, including care partners, nurses, life engagement coordinators, volunteers, culinary team, housekeepers, maintenance techs, concierge team, leadership team and support staff:

Even in tough times, you care for our loved ones with professionalism, passion, and hearts of gold. You are appreciated and greatly admired.

Thank you... Because it can't be said enough.

– From the family of one of your residents

THANK YOU

Perennial Society Members

These individuals have included Abe's Garden® in their estate plans. These gifts represent future support to help improve the care for those living with cognitive loss. (*New members in bold*)

Geraldine Bryant
Mrs. William Sherrard Cochran
Donna & Mark Coleman
Judy & Gil Given
Reva & Eugene Heller
Mollie & Robert Perry
Suzanne & James Schulman
Debbie & Jim Shmerling
Lisa & Michael Shmerling
Lisa & Rob Shmerling
Beth Zeitlin

If you have already included Abe's Garden® in your estate plans or if you would like more information about Perennial Society membership, please contact Senior Director of Marketing and Development Donna Coleman at dcoleman@abesgarden.org or 615.490.6340.

Gifts Made in Memory of...

Sam Bartholomew
Bernice Berenson
Larry Berman
Mary Biggers
Gerald Chernofsky
Frances Draper
Joseph Feinstein
Martha Finto
Wilma Fong
Gilbert Fox, Sr.
Richard Fulton
Merion Hecht
Sam Hirsberg
Charles Hirshberg
Alice Hooker
David Hunsucker
Mae Hurd
Richard Jacobson
Samuel Jacobson
Herb Johnson
Lura Notgrass Knox
John Robert Leeson
Frederick Lorenzen
Robert L. Lott, Jr.
Ruth Martin Magness
Lura Jane Mattson
Emmie McDonald
Anne McNamara
Tom Miller
Bob Moses
Ann O'Day
Dr. Larry Pass
Ben Perlman
Mary Purcell
Carla Rich
Dolores Rocamora
Cecile Ginsberg Schlesinger
Abe Shmerling
Rita Shmerling

Joe Simpkins
Manuel Sir
Joseph Slate
Marcel Smith
Charles Sprintz



The family of Park Manor resident Myrtle Ann Archer created signs of appreciation for team members to see each day.

Elise L. Steiner
Carol Pullen Stigall
Patricia A. Tatters
Margaret Turner
Jim Turnesa
Irving Wagner
Sandra Wayne
Anton Weiss
Bill & Faye Whitson
Ann Wing
Roy Wunsch
Jeanne Pilkerton Zerfoss



NEW CHARITABLE GIVING PROVISIONS IN THE CARES ACT

To encourage more charitable giving in 2020, the recently enacted government stimulus bill, the CARES Act, provides additional tax relief for donors. This makes it easier to give and save at the same time.

Those who don't itemize may claim an "above-the-line" deduction of up to \$300 for cash donations made to Abe's Garden® in 2020. For those who itemize, cash contributions to Abe's Garden® are now 100% deductible.

And although the required minimum distributions (RMDs) from IRAs, 401(k)s, 403(b)s and other retirement plans have been suspended for 2020, those age 70½ and older

may continue to make a transfer from an IRA directly to Abe's Garden®. This is still a qualified charitable distribution (QCD) and, as in past years, the amount of the QCD will be excluded from your income.

To see how this will impact your giving, visit www.abesgarden.org/caresact.

This information is not legal advice. Please consult with a knowledgeable tax or financial advisor, or with your IRA custodian, to ensure these transactions are executed correctly.

Gifts Made in Honor of...

Bev Anderson
Elizabeth & David Broadhurst
Celia Brook's 4th Birthday
Alice Cannon
Patricia Carter
Shirley Dewitt
Tom Ellis
Dick Eskin
Katie Gingrass
Mallorie Grimes
Eileen Handler
Eugene Heller
Macky Henesy
Edith Hudson
Jean Hutchinson
Heloise Kuhn's Birthday
Allen Morgan*
Chuck Pankow*
Ann Robertson
Debbie & Jim Shmerling
Lisa & Michael Shmerling
Mary Ready Taylor
Katie Wayne's Birthday
Walter Wilson
Davi Wolf-Dubin

*deceased

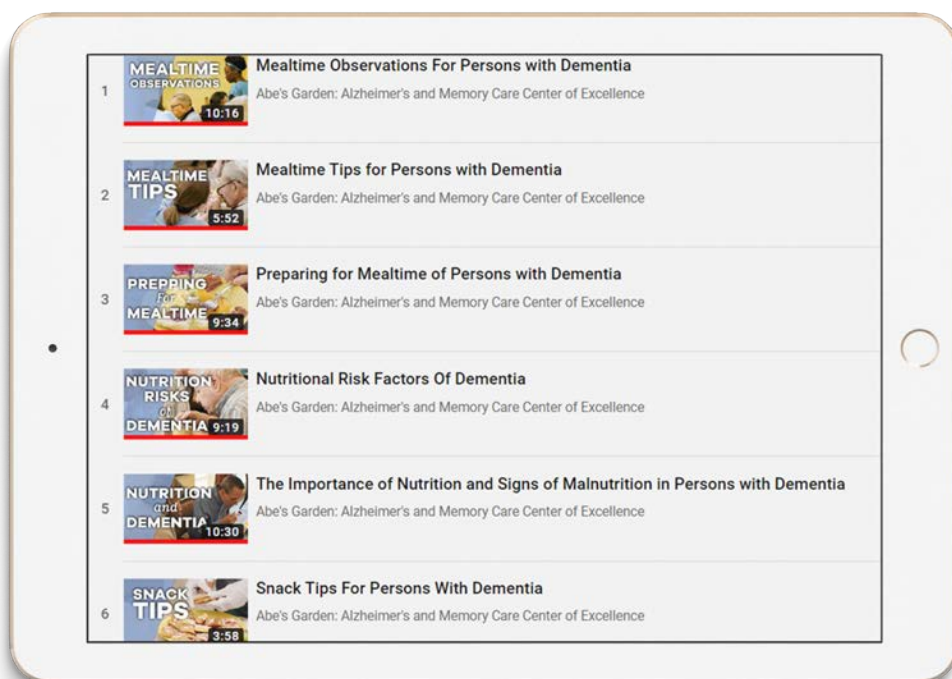


In lieu of in-person visits, Ensworth third-grade students participated in a pen pal program with Abe's Garden® residents.

In-Kind Donations

Ms. Char Braden
Mr. Mark Burnett
Donna & Mark Coleman
Charlie Cox
Mr. Robert Crownover
Mr. & Mrs. Buzz Evans
Mr. Ethan Hassenfeld
Mr. & Mrs. William Johnson
Mrs. Frances Kaminitz
Ms. Luci Crow & Mr. Kenneth Kraft
Mr. & Mrs. Richard Miller
Sage Age Strategies
Ms. Lisa Silver
Mr. & Mrs. David Steine
Tinwings
Beth Zeitlin

NEW NUTRITION-FOCUSED CAREGIVING VIDEOS



In partnership with Vanderbilt Center for Quality Aging (VCQA), Abe's Garden® produced a six-video series titled "Mealtime Assistance and Nutrition for Persons with Dementia: Training Modules for Professional and Family Caregivers." Video production and promotion were funded by Allen Foundation, Inc. View these and other caregiving videos at www.abesgarden.org/care-videos.



LEADERSHIP NEWS



Donna Coleman

After twelve years as the first Director of Marketing and Development at Abe's Garden®, Beth Zeitlin is pursuing a new career in environmental sustainability. Donna Coleman, MS, CFRE, who has served as Abe's Garden's Gift Planning Advisor since 2017, is working with Beth to ensure a smooth transition to Donna's new role as Senior Director of Marketing and Development. Having worked in senior living communities for 27 years, Donna continues to witness the power of philanthropy in improving life for older adults. Donna is recognized on campus for her welcoming smile and commitment to professionalism and continuing education; she looks forward to resuming Israeli dance classes with independent living residents when physical distancing protocols permit. Please reach out to Donna if you have any questions or thoughts to share about how you can make a greater impact through your charitable giving: dcoleman@abesgarden.org or 615.490.6340.



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Abe's Garden® Annual Report, visit
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Abe's Garden® is a 501(c)(3) nonprofit organization.

Board Member Spotlight: **PAULA LOVELL**



Paula Lovell is a founding Abe's Garden® board member. More than a decade into her board service, she is still inspired by the mission and purpose of the organization.

"They had me at 'research and sharing,'" she says. Paula was immediately impressed when she learned about Abe's Garden's goal of developing the best possible living environment for those with Alzheimer's and

dementia and then sharing the organization's research, best practices, success stories, and lessons learned with senior care providers around the country.

"Over the years I have watched this organization refine and evolve into what I think is the finest Alzheimer's residence in the United States," she beams. "Beyond keeping residents safe and providing an attractive living

space along with nutritious meals, the staff focuses on rich interaction and engagement activities so every resident can live a life that is the very fullest it can possibly be for them."

Paula's mother has lived at Abe's Garden's Park Manor independent living community for several years. "I witness firsthand both the professionalism and the warmth of the entire staff," she says. "I like to say it's run by experts and angels."

A nationally recognized professional who founded Lovell Communications Inc. more than three decades ago, Paula shares her expertise in marketing, crisis communications, and thought-leadership with the organization. She earned her Bachelor of Arts from Vanderbilt University and is a past Chairman of the Federal Reserve Bank of Atlanta.

