



Abe's Garden Community



2023 Annual Report

2023 REFLECTIONS

“

Transitions are a time for reflection, and a time for looking forward.

- Roy Cooper

”

Dear Friends,

In our busy world, reflection is a lost art. Taking time to reflect, mindfully consider, and contemplate, takes time—our most treasured resource.

And yet, it is helpful to think about what we value and how (or if) our lives reflect what we truly cherish.

When I reflect on my time as the board chair of Abe's Garden Community, I'm mindful of two things, mostly. First, I am very grateful for my relationships with our organization's dedicated team members, concerned family members, fellow board members, volunteers, and philanthropic partners. Relationships are important. Relationships take time. Relationships matter most.

And, secondly, I'm overwhelmed by the generosity of those who offer support to ensure the mission of Abe's Garden Community moves forward. I never take for granted those who invested in “the dream” as early as 2008, celebrated the grand opening in 2015, and continue to come alongside us to preserve the dignity of older persons and those living with Alzheimer's.

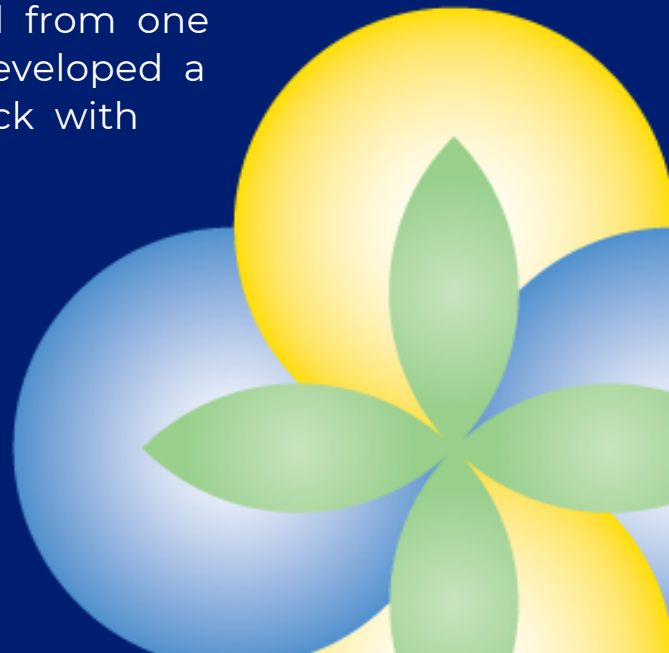
Philanthropy is life-giving! Philanthropy improves the life of the giver and the recipient. Giving is a true act of love. Thank you!

As you peruse this 2023 Annual Report, I hope you will take time to reflect on your part in the ongoing success of Abe's Garden Community. You are instrumental in moving our mission forward from one transition to the next. Together, we have developed a strong foundation that allows us to look back with pride and anticipate the future!

With sincere gratitude,



Michael D. Shmerling
Chairman of the Board

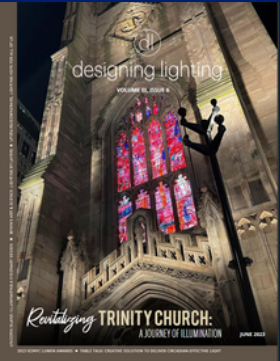


A LOOK BACK AT 2023

KRISTY MELLONS JOINED THE TEAM
AS LEAD EDUCATOR AND PROJECT
MANAGER, HEARTHSTONE

LAUNCHED A HEARTHSTONE-BASED
ORIENTATION VIDEO SERIES

Q1



Q2

RESEARCH INITIATIVE IN
PARTNERSHIP WITH MOUNT SINAI
LIGHT & HEALTH RESEARCH CENTER
"CREATIVE SOLUTION FOR
DELIVERING CIRCADIAN-EFFECTIVE
LIGHT" WAS PUBLISHED IN
DESIGNING LIGHTING MAGAZINE

AGC RECEIVED NOTICE OF A \$1.07MM
GRANT FROM THE TNDH TO
CONVERT A FLOOR OF
INDEPENDENT LIVING TO 20 NEW
ASSISTED LIVING APARTMENTS

RENOWNED ARTIST PHIL PONDER
CAPTURED THE SPIRIT OF AGC IN AN
ORIGINAL WATERCOLOR PIECE

THE LEADERSHIP TEAM ADDED JOE
INDILISANO AS EXECUTIVE CHEF &
MANDY HANSEN AS SENIOR
DIRECTOR OF DEVELOPMENT

LEADINGAGE TN PRESENTED
RESIDENT MARTHA BLANKENSHIP &
CARE PARTNER SHEMEKIA CONWAY
WITH AWARDS

Q3



Q4

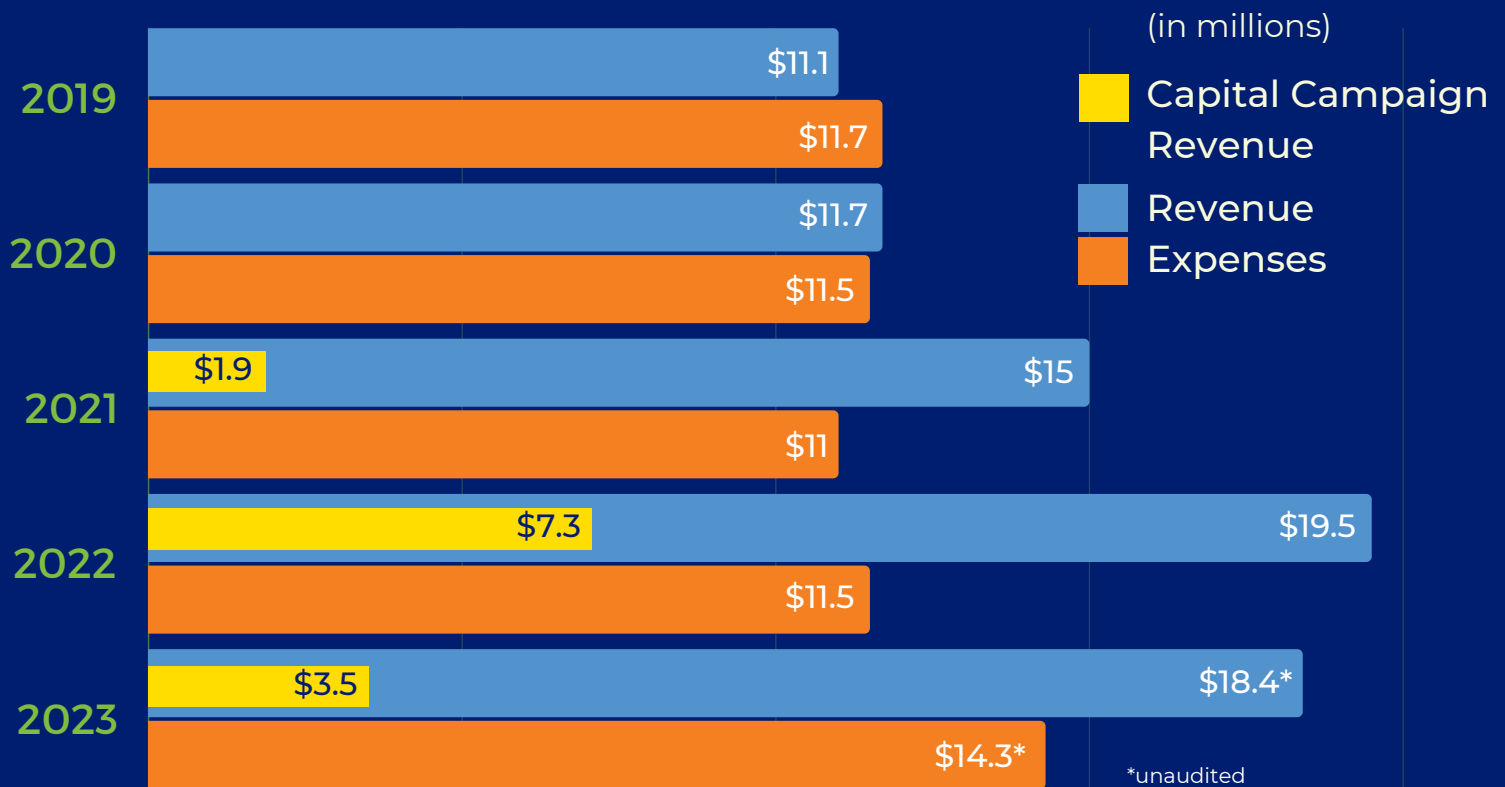
TEAM MEMBERS WERE RECOGNIZED
FOR 5 & 10 YEARS OF SERVICE

HEARTHSTONE-BASED DEMENTIA
DAY PROGRAM THE CLUB AT COOL
SPRINGS CELEBRATED AN OPEN
HOUSE & RIBBON CUTTING

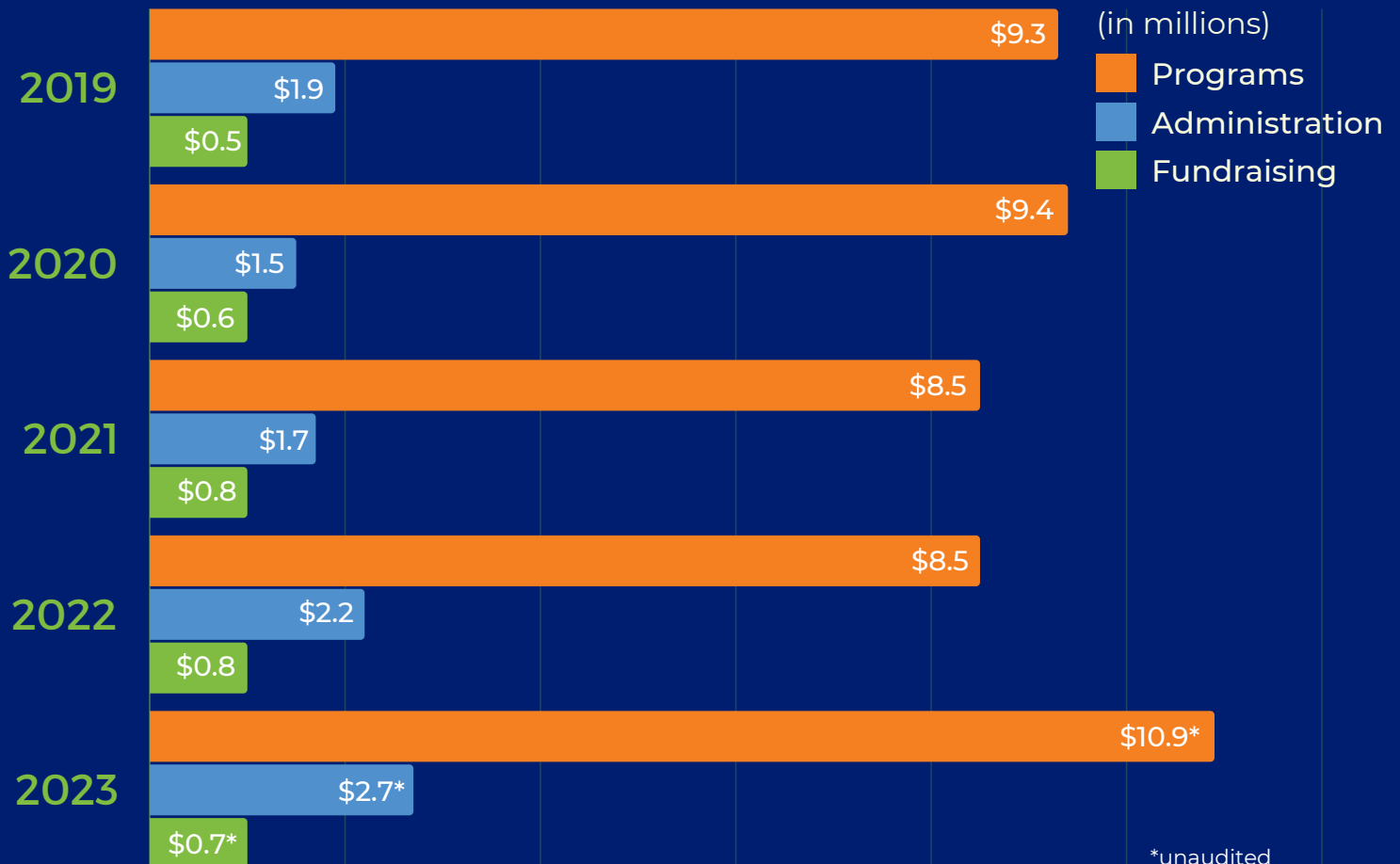
INDEPENDENT LIVING RESIDENTS
ORGANIZED THE FIRST "GOOD AS
NEW SALE" TO RAISE FUNDS FOR
LOCAL CHARITIES



2023 REVENUE & EXPENSES



EXPENSES BREAKDOWN



ABE'S GARDEN COMMUNITY ◀ 2023 BY THE NUMBERS ▶

57,000+

RESIDENTIAL NIGHTS

across independent living, assisted living and memory support

HOME TO

178

RESIDENTS



599

philanthropic partners gave

\$3,954,905

in new gifts and pledges in support of the Abe's Garden Community mission

200

are new donors



**Abe's Garden
Community Group**

Early-stage dementia
social/support program



19 participants

67 outings

55 hours

of music therapy

25 volunteers & instructors

dedicated their time teaching
culinary skills, tai chi, music,
Spanish, and more!



WE SERVED

97 clients

through Abe's Garden
at Home, providing

105,329 hours

of engagement

Our monthly virtual
support group helped



23 caregivers

whose loved one is on the Abe's
Garden Memory Support waitlist

Our licensed musical therapist led

521 sessions

of musical therapy for our residents

592 volunteers

shared

1493 hours

of their time with
residents and/or
program participants



Our free caregiver videos
were viewed across

15 countries

TESTIMONIALS

"Abe's Garden provides a **best in class** environment for seniors including inspiring memory care support. Staff members are **consistently friendly, supportive and caring**. Abe's has been a real blessing for our family - we are so thankful for their great work."

~ Mary Lou Kreiss

"Abe's Garden is such an amazing community and offers something for everyone! The staff is **so caring** and are angels to those who attend the programs and live in the community. It is such a thoughtful place for those with dementia. They really are a saving grace and provide all kinds of **support for families and caregivers**. I'm not sure what I would've done without them!" ~ Celeste Spence

"My mother-in-law has lived in independent living for 4 years. She loves being there. Her apartment is roomy with a balcony overlooking a courtyard. The food I've shared with her has been delicious, and the staff is **incredibly loving and caring**. She enjoys many of the numerous activities offered to the residents—we often have to go look for her because she's out and about on the campus with her friends! A year ago she had a medical emergency, and we couldn't have asked for a more **sensitive and professional response**. Daily, we are very grateful to Abe's Garden and its remarkable staff for making it possible for a lady in her late 90s to live a happy and productive life." ~ Susan PH

"It would be impossible to adequately describe just how **magnificent** the care given to my mother by the Abe's Garden Community actually was. As she became progressively more infirmed, the more she wished for things to stay exactly the same. Of course this impossibility was obvious to all her caregivers at Abe's Garden; yet through their **kindness, hard work and determination**, she was able to stay right there [in her independent living apartment], as if life really had not changed. The sheer effort required to keep her comfortable there in her room was something I may never experience again. My family is so grateful."

~ Son of an independent living resident



2023 National Facts



11M+

Americans provide **unpaid care** for people with Alzheimer's and other dementias.

These caregivers provided more than

18 billion hours of care valued at nearly
\$350 billion



Between
2000 - 2019

deaths from
heart disease
have
decreased

7.3%

while
deaths from
Alzheimer's
have
increased

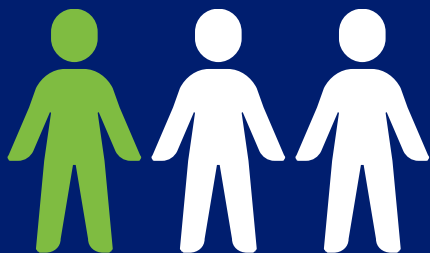
145%



Americans are living with
Alzheimer's, including



129,000+
Tennesseans



1 in 3 seniors die every year from
Alzheimer's or another dementia



Perennial Society FOUNDING MEMBERS

We are grateful for the individuals who have included Abe's Garden Community in their estate plans. These gifts represent significant commitment and future support to ensure that Abe's Garden Community continues to provide brain health, wellness and purposeful living for seniors.

Sarah Anderson
Christopher Brown
Geraldine Bryant
Anita Cochran
Donna & Mark Coleman
Helen Cummings
Anonymous
Joe Galante
Judy & Gil Given
Stacy Harris
Reva Heller
Ann Marie Ives
Amy Katz
Paul Kuhn

Paula Lovell
Patty & James Marks
Sharon & Moises Paz
Mollie & Robert Perry
Anonymous
Suzanne & James Schulman
Debbie & Jim Shmerling
Lisa & Mike Shmerling
Lisa & Rob Shmerling
Lisa & Steve Small
Larry Trabue
Anonymous
Beth Zeitlin

(**Bold type** denotes new members since January 2023)



LET'S GROW TOGETHER

Expanding locally to impact globally

CAPITAL CAMPAIGN DONORS BY GIVING LEVEL

\$2,000,000 and up

Lisa & Mike Shmerling
Cal Turner

\$1,000,000 to \$1,999,999

Barbara & Herb Fritch
Debbie & Jim Shmerling
Anonymous

\$500,000 to \$999,999

Anita & William Cochran Foundation
Stephanie & John Ingram
Milton & Denice Johnson Family Foundation
Robin & Bill King

\$200,000 to \$499,999

Caroline & David Bartholomew
Judith & Richard Bracken
Meredith & Scott Burns
William & Eugenia Cammack Fund
Katie & Kevin Crumbo
Anonymous
Melissa & Bobby Frist
Joe Galante
Lisa & Tony Giarratana
Heidi & John Hassenfeld
Marlene & Spencer Hays Foundation
The Robert P. Maynard Legacy Fund
Lynn McPheeters
Shirley & Stuart Speyer
Elisha & Jeff Zander



\$100,000 to \$199,999

Melba & Bill Blevins
Barbara & Kix Brooks
Kim & Glen Campbell Foundation
Mark Clark
Judy & Joe Cook
Alberta & Robert Doochin
Donna & Jeffrey Eskin
Carol & Robert Frist
H. Rodes Hart
Paul Kuhn
Robert Lipman
The Majors Family
Jacob May
Maria & Bernie Pargh
Anonymous
Brenda & Joe Steakley
Ann Potter Wilson Foundation

\$20MM
goal

126 donors have contributed

\$16,260,672

81% of goal ↑



\$50,000 to \$99,999

Grace & Carl Awh
Mary & Lee Barfield
Amberly & Phil Billington
Chris Brown
Ashley & Joe Cook
Helen Cummings
Fishel Family Foundation
Gallagher Risk Management Services
Rae & Bruce Hirsch
James R. Meadows, Jr. Foundation
Michelle Miller & Suzanne Elmer
Marlene Moses
Elizabeth & Larry Papel
Ed & Terry Allison Rappuhn
Anonymous
Kathy & Bobby Rolfe

\$20,000 to \$49,999

Anonymous
Cecelia & Mike Condrey
Tracy & Senator Bill Frist
Susan & Jerry Geraghty
Melanie & Doug Hirt
Deborah Smith-Holmes & Donald Holmes
Leslie & Howard Kirshner
Anne & Ted Lenz
Marisa & Michael Mayhan
Mary Ann & Dick Peugeot
Debbie Miller & Bill Purcell
Linda & Art Rebrovick
William & Sara Robin Family Fund
The Simmons & Wingo Families
Saurabh Sinha
Lisa & Stephen Small
Frances & Jimmy Spradley, Jr.
Larry Trabue
Karen & Fred Yazdian



"The Abe's Garden Community mission is personal for me. My dad had dementia and when I was providing and seeking care for him, Abe's Garden Community did not exist. It was a tough and lonely journey. Now, Abe's Garden Community is a partner who provides care and counsel for those on this path. I am thankful and wholeheartedly support increasing the Abe's Garden Community footprint locally, and their impact around the world as they share best practices."

*~ Heidi Hassenfeld,
Capital Campaign Committee*



\$10,000 to \$19,999

**Jean & Dennis Bottorff
Cathy & Martin Brown
Sandra & Jim Daniell
Dottie Frist
Judy & Gil Given
Aubrey Harwell, Jr. Family
Eva & Lynn Maddox
Katherine & Ryan Moses
Mary Kate Mouser
Pam & Phil Pfeffer & The Pfeffer Foundation
Yuliya & James Phillips
Libby & Thomas Shell
Nina Sivek**



\$1,000 to \$9,999

**Shannon & John Barton III
Beasley Family Foundation
Laura & Michael Beber
Debbie & Buddy Best
Donna & Mark Coleman
Anonymous
Danielle & Harris Gilbert
Risa Klein Herzog & Drew Herzog
Lynn & Jules Kroll
Charlotte Langford
Judy & Steve Lefkovitz
Nancy Brown & Andrew May
Beth & Paul Moore
Dana Moore & Jack Isenhour
Steve Moran
Linda & Rock Morphis
Anonymous
Katie & Tom Steele
Leslie & Barry Stillman
Laurie & Carter Todd
Abby Trotter
Karen & Howie Weil
Etta & Raymond Zimmerman
Fred Zimmerman
Leigh & Peter Zimmerman**



Up to \$1,000

Geraldine Bryant
Kim Campbell
Janice Campisano
Mimi & Frank Friedman
Gretchen & Randy Goldstein
Stacy Harris
Marie & George Masterson
Jayne Sallerson



SNEAK PEEK

Thank you!



2023 BOARD OF DIRECTORS

Michael Shmerling, CHAIRMAN | *Chairman, Clearbrook Holdings Corp.*

Donald Holmes, VICE CHAIRMAN | *Retired VP, HR, Delek US Holdings*

Phil Billington, TREASURER | *Senior VP Internal Audit, HCA*

Susan Foxman, SECRETARY | *Attorney, Foxman Law PLLC | Adjunct Professor of Law, Vanderbilt Law School*

Chris Brown | CEO, Ultra Yield Solutions | Founder, Circadian Tunable Lighting

Scott Burns | Investor

Kim Campbell | Founder, Careliving.org & The Care Living Foundation

Ron Corbin | Retired VP, Southern Region of the Allstate Insurance Company

Katie Crumbo | Nurse Practitioner, Vanderbilt University Medical Center

John Hassenfeld | Founding Partner, The Write Source!

Mina Johnson | Metro Nashville Planning Commissioner

Charlotte Nesbitt Langford | Former Executive Director, Park Manor | Former Interim CEO, Abe's Garden Community

Steve Moran | Founder, Senior Living Foresight

Ryan Moses | Exec. VP, Best Brands

Mary Kate Mouser | Owner & CEO, Sideview Partners, LLC | Director of Community Benefits, Ascension

Bernard A. Pargh | Founder & President, B.A. Pargh Company | Private Investor

James Phillips | President, XMI Capital

Bill Purcell | Attorney, Frost Brown Todd LLC | Former Mayor of Nashville

Jayne Sallerson | COO/Partner, Charter Senior Living

James E. Shmerling | President & Chief Executive Officer, Connecticut Children's Medical Center

Saurabh Sinha | Founder & Chairman, Emids Technologies

Abby Trotter | Partner, Hall Strategies

Brenda Wynn | Davidson County Clerk



MISSION STATEMENT

Abe's Garden Community is establishing
a replicable model for senior life that is
focused on brain health, wellness
and purposeful living.

Year of Incorporation: 2007

Organization's Tax-Exempt Status: 501(c)(3)

Organization's Federal Tax ID Number: 06-1818302

615.997.3030 | www.abesgarden.org

115 Woodmont Boulevard | Nashville, TN 37205

