## ASSISTED LIVING SERVICES & AMENITIES

Abe's Garden Assisted Living offers the support you need to live the life you love. It's perfect for those who want to continue an active, independent lifestyle but need a little extra support each day. Our all-inclusive rent covers easy access to our amazing community services and amenities.

## **INCLUSIVE SERVICES**

- 24-hour emergency call and response systems
- Emergency alert pendants
- Daily served breakfast, lunch, and dinner, featuring brain wellness and heart-healthy options
- Nursing services, including medication management
- Wellness checks, including some chronic medical conditions
- 24-hour staff
- Care partner assistance with activities of daily living, including bathing and personal hygiene, dressing, mobility, and continence support
- Variety of engagement activities 7 days a week
- Basic home maintenance
- Weekly housekeeping
- Scheduled transportation (escort may be required)

### **INCLUSIVE AMENITIES**

- Welcoming lobby and common areas for socializing with neighbors, friends, and family
- All utilities including internet, cable, and landline
- Full calendar of social, recreation, educational, and cultural programs focused on overall wellness and curated with resident input
- 24/7 fitness center
- Laundry service
- Courtyard and outdoor entertaining areas
- Lounge, card, and game rooms
- High-speed WiFi in every apartment
- Inviting community areas for socializing with family and friends Unlimited snacks and beverages
- Resident-managed well-stocked library that includes large-print and audiobooks
- Onsite vegetable garden and beehives used for farm-to-table dining
- In-house television station



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# SERVICES AVAILABLE FOR AN ADDITIONAL FEE

- Supplemental in-home care provided by Abe's Garden at Home
- Guest meals and accommodations
- Hair and nail services
- Enhanced home maintenance
- Personal shopping and home chores
- Event planning and catering
- Room service

#### **OPTIONAL ONSITE SERVICES BILLED TO INSURANCE** (as needed / as available)

- Audiology
- Fitness maintenance programs
- Hospice care
- Nurse practitioner services
- Occupational therapy
- Physical therapy
- Podiatry care
- Speech therapy





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Abe's Garden® Community is a 501(c)(3) nonprofit organization.