



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
 <p>10:00- Morning Movement w/ Akanee - FR 11:00-Westminster Presbyterian Livestream-MCR 1:00-Drop in Rummikub-M 1:30-Movie & Popcorn- MCR 2:30-Bridge Game-M 3:00-Harp Music w/ Alice Cramer-P 6:30 Sunday Evening Movie-MCR</p>	<p>9:00-Exercise-2nd Floor 10:00-Exercise-2nd Floor 10:30-Good Morning Nashville-2nd Floor Balcony 1:00- Reflection + Mediation w/ Heidi – Apt 422 1:00-Culinary Committee - MCR 2:00-BINGO-DR 3:15-Movie Committee-MCR 4:00-Monday Concert Series w/ Music by Christian Cotang-P</p>	<p>9:00-Exercise w/ Judy-2nd Floor 10:00-Exercise-2nd Floor 10:30-Good Morning Nashville-2nd Floor Balcony 1:00-Standing Exercise + Weights Class – 2nd Floor 2:00-Team Trivia - M 2:00- Mahjong Game- M 3:00- Travel Club – MCR 3:30- NEW! Devotional Group with Sue – 2nd FI Balcony <i>All Fools' Day</i></p>	<p>10:00-Exercise w/ Ashley-2nd FI 10:30-Good Morning Nashville – 2nd Floor Balcony 1:30-Stage Outing Committee-M 2:30-Music Therapy-MCR 3:15-Israeli Dance-2nd Floor 4:00-Happy Hour – P</p>	<p>9:30-Flower Arranging Committee-M 10:00-Exercise -2nd Floor 10:30-Good Morning Nashville – 2nd Floor Balcony 1:00-Tai Chi w/ Dr. Cindy – 2nd FI 1:30-Cards & Notes w/ Angela - MCR 2:00-Mahjong Game - M 2:30-Health Talk with Betsy - MCR 3:00-Spring Craft w/ Volunteers-M 4:00-Wine & Cheese - P</p>	<p>7:30-9-Continental Breakfast-M 10:00-Zoom Exercise w/ Bruce-FR 10:30-Good Morning Nashville-2nd Floor Balcony 1:00-Read + Discuss-2nd Floor 2:00- BINGO- DR 3:30-Spring Tea Party! - M 6:00- Movie & Popcorn-MCR</p>	<p>9:30-Bridge Game-M 10:30-Share Your Stories – 2nd Floor Balcony 1:00- 60 Second Game - M 2:00- Magician + Mentalist Show with Dr. Dave! - P 3:00-Drop in Rummikub-M 6:00-Movie & Popcorn- MCR</p>	
<p>10:00- Morning Movement w/ Akanee - FR 11:00-Westminster Presbyterian Livestream-MCR 1:00-Drop in Rummikub-M 1:30-Movie & Popcorn- MCR 2:30-Bridge Game-M 3:00-Harp Music w/ Alice Cramer-P 6:30 Sunday Evening Movie-MCR</p>	<p>9:00-Exercise-2nd Floor 10:00-Exercise-2nd Floor 10:30-Good Morning Nashville-2nd Floor Balcony 1:00- Reflection + Mediation w/ Heidi – Apt 422 1:00-Culinary Committee - MCR 2:00-BINGO-DR 3:15-Movie Committee-MCR 4:00-Monday Concert Series w/ Music by Christian Cotang-P</p>	<p>9:00-Exercise w/ Judy-2nd Floor 10:00-Exercise-2nd Floor 10:30-Good Morning Nashville-2nd Floor Balcony 1:00-Parnassus Books Outing! 2:00- Mahjong Game- M 2:30- Travel Club – 2nd FI Balcony 3:30- NEW! Devotional Group with Sue – 2nd FI Balcony 4:00-Comedy Club - MCR</p>	<p>10:00-Exercise w/ Ashley- 2nd FI 10:30-Good Morning Nashville – 2nd Floor Balcony 11:15- Lunch Outing: Wendell Smith's Meat + Three! 1:30-Writer's Workshop w/ Amy Lyles - MCR 2:30-Music Therapy-MCR 3:15-Israeli Dance-2nd Floor 4:00-Happy Hour – P</p>	<p>9:30-Flower Arranging Committee-M 10:00-Exercise -2nd Floor 10:30-Good Morning Nashville – 2nd Floor Balcony 1:00-Tai Chi w/ Dr. Cindy – 2nd FI 2:00-Mahjong Game - M 2:00-Multicultural Share Event with Dixie - MCR 3:15- Volunteer Committee – M 4:00-Wine & Cheese - P</p>	<p>10:00-Zoom Exercise w/ Bruce-FR 10:30-Good Morning Nashville-2nd Floor Balcony 10:30-Communion w/ Episcopal Church – MCR 1:00-Sweet Soul Music Outing! 2:00-BINGO – DR 3:30- Ice Cream Sandwiches! - M 6:20-Shabbat Service – 2nd FI 7:00- Movie & Popcorn-MCR</p>	<p>9:30-Bridge Game-M 10:30-Share Your Stories – 2nd Floor Balcony 1:00-Word Puzzles- M 2:00- Art Class w/ Philo – 2nd FI Dining Room 3:00-Drop in Rummikub-M 6:00-Movie & Popcorn- MCR</p> <p style="text-align: right;"><i>Passover Begins</i></p>	
<p>11:00-Westminster Presbyterian Livestream-MCR 1:00-Drop in Rummikub-M 1:30-Movie & Popcorn- MCR 2:30-Bridge Game-M 3:30-Hymn Sing (resident led) - P 6:30 Sunday Evening Movie-MCR</p> <p style="text-align: center;"><i>Palm Sunday</i></p>	<p>9:00-Exercise-2nd Floor 10:00-Exercise-2nd Floor 10:30-Good Morning Nashville-2nd Floor Balcony 1:00- Reflection + Mediation w/ Heidi – Apt 422 1:00-Tech Help w/ Ken - M 2:00-BINGO - DR 3:30-Welcoming Committee-MCR</p>	<p>9:00-Exercise w/ Judy-2nd Floor 10:00-Exercise-2nd Floor 10:30-Good Morning Nashville-2nd Floor Balcony 1:00-Standing Exercise + Weights-2nd Floor 2:00-Garden Committee - M 2:00- Mahjong Game- M 3:00- Travel Club – MCR 3:30- NEW! Devotional Group with Sue – 2nd FI Balcony</p>	<p>10:00-Exercise w/ Ashley- 2nd FI 10:30-Good Morning Nashville – 2nd Floor Balcony 1:00-Hope Chorus Practice-P 1:45-Blair School of Music Outing! 3:15-Israeli Dance-2nd Floor 4:00-Happy Hour – P</p>	<p>9:30-Flower Arranging Committee-M 10:00-Exercise -2nd Floor 10:30-Good Morning Nashville – 2nd Floor Balcony 1:00-Tai Chi w/ Dr. Cindy-2nd FI 2:00-Mahjong Game - M 2:00-Grief Support Group w/ Bev - 3rd FI Community Group Room 3:15-Town Hall - P 4:00-Wine & Cheese - P</p>	<p>7:30-9-Continental Breakfast -M 10:00-Zoom Exercise w/ Bruce-FR 10:30-Good Morning Nashville-2nd Floor Balcony 1:00- Students of Marcliee Morgan's Music Studio - P 2:00- BINGO- DR 3:30- Read + Discuss: Good Friday 6:00- Movie & Popcorn-MCR</p>	<p>9:30-Bridge Game-M 10:30-Share Your Stories – 2nd Floor Balcony 1:00- 60 Second Game - M 2:00- NEW! How to Clean Jewelry with Lucy - MCR 3:00-Drop in Rummikub-M 6:00-Movie & Popcorn- MCR</p>	
<p>10:00- Morning Movement w/ Marty - FR 11:00-Westminster Presbyterian Livestream-MCR 1:00-Drop in Rummikub-M 1:30-Movie & Popcorn- MCR 2:30-Bridge Game-M 3:30-Easter Reading (resident led) 6:30 Sunday Evening Movie-MCR</p> <p style="text-align: center;">Happy Easter! <i>Easter Sunday</i></p>	<p>9:00-Exercise-2nd Floor 10:00-Exercise-2nd Floor 10:30-Good Morning Nashville-2nd Floor Balcony 1:00-Culinary Committee - MCR 2:00-BINGO-DR 3:15-Sports Fan Club - MCR 4:00-Monday Concert Series w/ Music by Songs of Service Club-P</p>	<p>9:00-Exercise w/ Judy-2nd Floor 10:00-Exercise-2nd Floor 10:30-Good Morning Nashville-2nd Floor Balcony 1:00-McCabe Indoor Walk Outing! 2:00- Mahjong Game- M 2:30- Travel Club – 2nd FI Balcony 3:30- NEW! Devotional Group with Sue – 2nd FI Balcony</p> <p style="text-align: center;"><i>Earth Day</i></p>	<p>10:00-Exercise w/ Ashley- 2nd FI 10:30-Good Morning Nashville – 2nd Floor Balcony 11:15- Lunch Outing: Picnic Cafe 1:00-Hope Chorus Practice - P 2:00- NEW! Orchestral Music Appreciation with Gracie - MCR 3:15-Israeli Dance-2nd Floor 4:00-Happy Hour – P 6:00-Karaoke w/ Ginny's Girls! - P <i>Administrative Professionals Day</i></p>	<p>9:30-Flower Arranging Committee-M 10:00-Exercise -2nd Floor 10:30-Good Morning Nashville – 2nd Floor Balcony 1:00-Tai Chi w/ Dr. Cindy-2nd FI 2:00-Mahjong Game - M 2:00-Jeni's Ice Cream Outing! 4:00-Wine & Cheese - P</p>	<p>10:00-Zoom Exercise w/ Bruce-FR 10:30-Good Morning Nashville-2nd Floor Balcony 10:30-Communion w/ Episcopal Church – MCR 1:00-Read + Discuss-2nd FI Dining 2:00- BINGO- DR 3:30- Cocktail Hour - M 6:00- Movie & Popcorn-MCR</p> <p style="text-align: right;"><i>Arbor Day</i></p>	<p>9:30-Bridge Game-M 10:30-Share Your Stories – 2nd Floor Balcony 1:00-Word Puzzles- M 2:00-Painting w/ Philo -2nd FI Dining Room 3:00-Drop in Rummikub-M 6:00-Movie & Popcorn- MCR</p>	
<p>10:00- Morning Movement w/ Akanee - FR 11:00-Westminster Presbyterian Livestream-MCR 1:00-Drop in Rummikub-M 1:30-Movie & Popcorn- MCR 2:30-Bridge Game-M 3:30-Lipscomb Singers! - P 6:30 Sunday Evening Movie-MCR</p>	<p>9:00-Exercise-2nd Floor 10:00-Exercise-2nd Floor 10:30-Good Morning Nashville-2nd Floor Balcony 1:00- Reflection + Mediation w/ Heidi – Apt 422 1:00-Tech Help w/ Ken - M 2:00-BINGO – DR 3:30- NEW! Memory Makers Club w/ Mandy! - M 5:00- Birthday Dinner!-2nd FI Dining</p>	<p>9:00-Exercise w/ Judy-2nd Floor 10:00-Exercise-2nd Floor 10:30-Good Morning Nashville-2nd Floor Balcony 1:00-Standing Exercise + Weights-2nd Floor 2:00-Team Trivia - M 2:00- Mahjong Game- M 3:00-Wine Tasting w/ Courtney-2nd FI 3:30- NEW! Devotional Group with Sue – 2nd FI Balcony</p>	<p>10:00-Exercise w/ Ashley- 2nd FI 10:30-Good Morning Nashville – 2nd Floor Balcony 1:00-Hope Chorus Practice - P 2:00-Music Therapy-MCR 3:15-Israeli Dance-2nd Floor 4:00-Happy Hour – P</p>	 <p style="font-size: 2em; color: #00A0C0; font-family: cursive;">April</p> <p style="font-size: 2em; color: #FF8C00; font-family: sans-serif;">2025</p> <p style="font-weight: bold; font-size: 1.2em;">Independent + Assisted Living Engagement Calendar</p>			

Activities are subject to change. See daily schedules for the most up to date group times.