

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>  <h1>March 2024</h1> <h2>Independent &amp; Assisted Living Life Engagement Calendars</h2> </div>						
11:00-Westminster Presbyterian Livestream-MCR 1:00-Drop in Rummikub-M 1:00-Bridge Game- M 1:30-Movie & Popcorn- MCR 3:30- <b>Hymn Sing w/ Alana Griffith</b> - P	10:00-Exercise -B 10:30-Good Morning Nashville – B 1:00- Relaxation + Reflection w/ Heidi - MCR 2:00-BINGO- B 3:15-Activity Interest Committee-MCR 4:00- <b>Monday Concert Series with Performance by BooRadley</b> -B	10:00-Exercise- B 10:30-Good Morning Nashville - B 1:00-Garden Committee – MCR 2:00- Team Trivia – B 2:00- Mahjong Game- M 3:30-Travel Club-MCR 4:00-Comedy Club – MCR 4:30-Devotion Group - MCR	9:30- <b>The Mint Gaming Hall Excursion**</b> 10:00-Exercise w/ Ashley- B 1:00-Hope Chorus Practice – B 2:00-Classical Music Exploration-2nd Floor 2:30- <b>Health Talk w/ Betsy: Super Agers</b> - MCR 3:15-Israeli Dance-B 4:00-Fireside Happy Hour - P	10:00-Exercise- B 10:30-Good Morning Nashville - B 9-10:30-Flower Arranging Committee- M 1:00-Tai Chi w/ Dr. Cindy-Club 2:00- <b>Artist Birthday Series:</b> Frederic Chopin - MCR 2:00- Mahjong Game- M 3:15- Resident Council - B 4:00-Wine + Cheese - P	10:00-Zoom Exercise w/ Bruce-B 10:30-Good Morning Nashville – B 10:30-Communion with Episcopal Church - MCR 11:15- <b>Chocolate Tasting</b> -B 1:00- Read & Discuss –2nd Floor 2:00- BINGO- B 3:30- <b>Live Music w/ Bill Sleeter</b> -P 6:00- Movie & Popcorn-MCR 6:30- <b>Shabbat Service</b> -B	10:30- Indoor Walking Club (resident led) – Meet in Lobby 1:00-Word Puzzles-M 2:00- <b>Art Club w/ Philo</b> -2nd Fl 3:00-Drop in Rummikub-M 6:00-Movie & Popcorn- MCR
11:00-Westminster Presbyterian Livestream-MCR 1:00-Drop in Rummikub-M 1:00-Bridge Game- M 1:00- <b>Franklin Light Opera Outing: Die Fledermaus**</b> 1:30-Movie & Popcorn- MCR <small>Ramadan Begins Daylight Saving Time Begins</small>	10:00-Exercise -B 10:30-Good Morning Nashville –B 1:00- Relaxation + Reflection w/ Heidi - MCR 2:00-BINGO- B 3:15-Movie Committee-MCR 4:00- <b>Poetry &amp; Prosecco</b> - P	10:00-Exercise- B 10:30-Good Morning Nashville - B 1:00-Read & Discuss- 2nd Floor 2:00- You Be The Judge-MCR 2:00- Mahjong Game- M 3:15-Travel Club-MCR 4:00- <b>NEW! Stage Production Outing Committee</b> – MCR 4:30-Devotion Group - MCR	10:00-Exercise w/ Ashley- B 10:30- Good Morning Nashville-B 11:15- <b>Restaurant Outing: Agave Mexican**</b> 1:00-Hope Chorus Practice – B 2:00-Music Therapy-2nd Floor 3:15-Israeli Dance-B 4:00-Fireside Happy Hour - P	10:00-Exercise- B 10:30-Good Morning Nashville - B 9-10:30-Flower Arranging Committee- M 1:00-Tai Chi w/ Dr. Cindy-Club 2:00- <b>Artist Birthday Series:</b> Nat King Cole - MCR 2:00- Mahjong Game- M 3:00- <b>Gene Autry Hour</b> - MCR 4:00-Wine + Cheese - P	10:00-Zoom Exercise w/ Bruce-B 10:30-Good Morning Nashville – B 1:00- Read & Discuss - 2nd Floor 2:00- BINGO- B 3:30- <b>Spring Tea Party</b> - M 6:00- Movie & Popcorn-MCR	10:30-Indoor Walking Club (resident led) – Meet in Lobby 1:00-Word Puzzles-M 2:00- <b>Watercolor Painting with Juli</b> – M 3:00- Music Jeopardy - MCR 3:00-Drop in Rummikub-M 6:00-Movie & Popcorn- MCR
11:00-Westminster Presbyterian Livestream-MCR 1:00-Drop in Rummikub-M 1:00-Bridge Game- M 1:30-Movie & Popcorn- MCR 3:00- <b>St. Patrick's Day Social with Live Music by John + Vickie LeCroy</b> - P <small>St. Patrick's Day</small>	10:00-Exercise-B 10:30-Good Morning Nashville – B 1:00- Culinary Committee-MCR 2:00-BINGO- B 3:15- Welcoming Committee - MCR 4:00- <b>Monday Concert Series w/ The Meadowlarks</b> - B	10:00-Exercise- B 10:30-Good Morning Nashville - B 1:00-Read & Discuss: First Day of Spring- 2 <sup>nd</sup> Floor 2:00- <b>Cocktail Hour</b> - M 2:00- Mahjong Game- M 3:15-Travel Club-MCR 4:00-Comedy Club – MCR 4:30-Devotion Group - MCR <small>Spring Begins</small>	10:00-Exercise w/ Ashley- B 10:30- Good Morning Nashville-B 1:00- <b>Mid-Week Movie Feature: Julie &amp; Julia</b> - MCR 2:00-Karaoke w/ Gracie – 2 <sup>nd</sup> Floor 3:15-Israeli Dance-B 4:00-Fireside Happy Hour - P	10:00-Exercise- B 10:30-Good Morning Nashville - B 9-10:30-Flower Arranging Committee- M 1:00-Tai Chi w/ Dr. Cindy-Club 2:00- <b>Artist Birthday Series:</b> Aretha Franklin- MCR 2:00- Mahjong Game- M 3:00- Town Hall - B 4:00-Wine + Cheese - P	10:00-Zoom Exercise w/ Bruce-B 10:30-Good Morning Nashville – B 10:30-Communion with Episcopal Church - MCR 1:00- Read & Discuss –2nd Floor 2:00- BINGO- B 3:30- <b>Coffee House: Country Music Tribute Hour with LEC Team</b> - P 6:00- Movie & Popcorn-MCR	10:30-Indoor Walking Club (resident led) – Meet in Lobby 1:00-Word Puzzles-M 2:00- <b>Music w/ Dennis Rader</b> – P 3:00-Drop in Rummikub-M 6:00-Movie & Popcorn- MCR <small>Purim Begins</small>
11:00-Westminster Presbyterian Livestream-MCR 1:00-Drop in Rummikub-M 1:00-Bridge Game- M 1:30-Movie & Popcorn- MCR 2:30- <b>Palm Sunday Hymn Sing with Gracie</b> – P 3:30 - <b>Jewish Federation Teen Program</b> - B <small>Palm Sunday</small>	10:00-Exercise - B 10:30-Good Morning Nashville-B 1:00- Relaxation + Reflection w/ Heidi - MCR 2:00-BINGO- B 3:15- <b>NEW! Stage Production Outing Committee</b> - MCR 4:00 - <b>Corks + Canvas</b> -B	10:00-Exercise- B 10:30-Good Morning Nashville - B 1:00-Read & Discus – 2 <sup>nd</sup> Floor 2:00- Wine Tasting w/ Courtney** - 2 <sup>nd</sup> Fl 2:00- Mahjong Game- M 3:15-Travel Club-MCR 4:00- <b>NEW! Basic American Sign Language with Scott</b> - MCR 4:30-Devotion Group - MCR 5:00- <b>Birthday Dinner</b> – B	10:00-Exercise w/ Ashley- B 10:30- Good Morning Nashville-B 1:00-Hope Chorus Practice – B 2:00-Classical Music Exploration-2nd Floor 3:15-Israeli Dance-B 4:00-Fireside Happy Hour – P	10:00-Exercise- B 10:30-Good Morning Nashville - B 9-10:30-Flower Arranging Committee- M 1:00-Tai Chi w/ Dr. Cindy-Club 2:00- <b>Artist Birthday Series:</b> Diana Ross- MCR 2:00- Mahjong Game- M 3:15- Po-Ke-No-MCR 4:00-Wine + Cheese - P	10:00-Zoom Exercise w/ Bruce-B 10:30-Good Morning Nashville – B 1:00- <b>Good Friday Reading</b> - P 2:00- BINGO- B 3:30- <b>NHA Dog of The Week!</b> - P 6:00- Movie & Popcorn-MCR <p><b>Good Friday</b></p>	10:30-Indoor Walking Club (resident led) – Meet in Lobby 1:00-Word Puzzles-M 2:30- <b>NEW! Barb's Bootcamp Exercise</b> - FC 3:00-Drop in Rummikub-M 3:30- <b>Family Easter Egg Hunt!</b> (IL Courtyard) 6:00-Movie & Popcorn- MCR
11:00-Westminster Presbyterian Livestream-MCR 1:00-Drop in Rummikub-M 1:00-Bridge Game- M 1:30-Movie & Popcorn- MCR 3:30- <b>Easter Reading</b> - P (resident led) <small>Easter Sunday</small>	<div>  <p><b>Group Locations:</b> P = Parlor  B = Blakemore  M = Mall Area  MCR = Mall Card Room  FC = Fitness Center  ** = Sign Up by mail Room</p> </div>					