# INDEPENDENT LIVING SERVICES & AMENITIES

Our best-in-class services and community amenities are designed to fit your personal preferences and interests. You choose when to rest and when to play. You decide who to socialize and dine with. Best of all, we take care of everything, so you have the freedom to focus on the things most important to you – and it's all included in your monthly rent.

## **INCLUSIVE SERVICES**

- Daily breakfast, lunch and dinner, featuring brain wellness and heart-healthy options, served in a full-service dining room
- Routine housekeeping
- Scheduled transportation
- 24-hour emergency call and response systems
- 24-hour concierge support
- Variety of engagement activities 7 days a week
- Basic home maintenance

## **INCLUSIVE AMENITIES**

- Welcoming lobby and common areas for socializing with neighbors, friends, and family
- All utilities including internet, cable, and landline
- Full calendar of social, recreation, educational, and cultural programs focused on overall wellness and curated with resident input
- Unlimited snacks and beverages
- 24/7 fitness center
- Courtyard and outdoor entertaining areas
- Lounge, card, and game rooms
- High-speed WiFi in every apartment
- Resident-managed well-stocked library that includes large-print and audiobooks
- Free-use washing machines and dryers
- Onsite vegetable garden and beehives used for farm-to-table dining
- In-house television station



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## SERVICES AVAILABLE FOR AN ADDITIONAL FEE

- Supplemental in-home care, housekeeping, personal shopping, home chores and more provided by Abe's Garden at Home
- In-house laundry services
- Guest meals and accommodations
- Hair and nail services
- Enhanced home maintenance
- Room service

#### **OPTIONAL ONSITE SERVICES BILLED TO INSURANCE** (as needed / as available)

- Physical therapy and fitness
- maintenance programs
- Occupational therapy
- Speech therapy
- Audiology
- Onsite nurse practitioner services
- Home health nursing
- Podiatry care
- Hospice care





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