

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	9:00-Morning Meditation -IL Courtyard 9:45-Exercise-CR 10:30-Good Morning Nashville-2nd Floor Balcony 1:00-Stage Outing Committee - MCR 2:00-BINGO-M 3:15-Tech Help with Ken – MCR 4:00-You Be The Judge-MCR	9:45-Exercise-CR 10:30-Good Morning Nashville – 2nd Floor Balcony 1:00-Balance and Coordination-CR 2:00- Mahjong Game- M 2:00- Exploring American Music with Ken - MCR 3:15-Travel Club: Tokyo, Japan 4:00- Tiki Bar Tuesday! - IL Courtyard	9:00-Morning Meditation-IL Courtyard 9:45-Exercise-CR 10:30-Good Morning Nashville – 2nd FI Balcony 1:00-Hope Chorus Practice – P 2:00-Mahjong Game-GR 2:30-Music Therapy – MCR 3:15-Israeli Dance- CR 4:00- Happy Hour – 2nd FI Terrace 6:00-8:00- Moonlighters Big Band! – Memory Support Courtyard	9:30-Flower Arranging Committee-M 9:45-Exercise-CR 10:30- Good Morning Nashville – 2nd Floor Balcony 1:00-Tai Chi w/ Dr. Cindy – 2nd FI 1:00-4:00- Spring Fling and Fashion Show! - CR 4:00- Wine & Cheese – P	7:30-9:00- Breakfast with Nashville Police Department - DR 9:45-Exercise – CR 10:30-Good Morning Nashville- 2nd Floor Balcony 2:00-BINGO - M 3:00-5:00- Music Festival with Kyshona & Friends Presented by Your Song & TN Arts Commission - IL Courtyard 6:30- Movie & Popcorn-MCR	9:00-Morning Movement – 2nd FI 9:30-Bridge Game-M 10:00- Share Your Stories – 2nd Floor Balcony 1:00-Pet Therapy-P 2:00- Art Class with Philo -2nd Floor DR 3:00- Creative Writing Group with Sandra Plant -2nd Floor DR 6:00-Movie & Popcorn- MCR
10:00-Morning Movement with Baxie-CR 11:00-Westminster Presbyterian Livestream-MCR 11:00-1:00- Sunday Brunch with Mimosas and Bloody Mary's 1:30-Mahjong Game-GR 1:30-Movie & Popcorn- MCR 2:30-Bridge Game-M 3:30- Live Music with Olivia Watson-P 6:00-Sunday Evening Movie-MCR 6:00-Sunday Night Baseball-M	9:00-Morning Meditation-IL Courtyard 9:45-Exercise-CR 10:30-Good Morning Nashville-2nd Floor Balcony 1:00-Meditation & Reflection w/ Heidi-MCR 1:30- Author + Arts Series- 2nd FI Balcony 2:00-BINGO-M 3:00-Activity Interest Committee-MCR 4:00- Monday Concert Series with Piano Music by Brett Bryant - P	9:45-Exercise – CR 10:30-Good Morning Nashville – 2nd FI Balcony 1:00-Balance & Coordination - CR 2:00- Team Trivia –M 2:00- Mahjong Game- M 3:00-Travel Club: Kyoto, Japan-MCR 4:00- Tiki Bar Tuesday! – IL Courtyard 6:00- Book Club Interest Group- M	9:00-Morning Meditation-IL Courtyard 9:45-Exercise – CR 10:30-Good Morning Nashville – 2nd FI Balcony 11:15- Picnic Café Lunch Outing! 1:00-Hope Chorus Practice – P 2:00-Mahjong Game-GR 2:30-Music Therapy-MCR 3:15-Israeli Dance - CR 4:00-Happy Hour – 2nd FI Terrace	9:45-Exercise-CR 10:30- Good Morning Nashville – 2nd Floor Balcony 1:00-Tai Chi w/ Dr. Cindy – 2nd FI 1:30-Flower Arranging Committee-M 2:00-Mahjong Game – M 2:30- Speaker Series: First Responders – 2nd FI Balcony 4:00-Wine & Cheese-P	9:00-Morning Meditation-IL Courtyard 9:45-Exercise – CR 10:30-Good Morning Nashville – 2nd FI Balcony 10:30-Communion with Episcopal Church-Mall Card Room 1:00-Trader Joe's Tasting-M 2:00-BINGO - M 3:00- Ice Cream Outing! 6:00 Shabbat Service – Club Room 6:30- Movie & Popcorn-MCR	9:00-Morning Movement-2nd FI 9:30-Bridge Game-M 10:00- Share Your Stories – 2nd Floor Balcony 1:30- Music with Dennis Rader! - P 2:00- Garden + Plant Class with Joyce - M 3:00-Drop in Rummikub – M 6:00-Movie & Popcorn- MCR
10:00-Morning Movement with Katie-CR 11:00-Westminster Presbyterian Livestream-MCR 1:30-Mahjong Game-GR 1:30-Movie & Popcorn- MCR 2:30-Bridge Game-M 3:30- Live Music with David + Karlie-P 6:00-Sunday Evening Movie – MCR 6:00-Sunday Night Baseball - M Flag Day (U.S.)	9:00-Morning Meditation-IL Courtyard 9:45-Exercise – CR 10:30-Good Morning Nashville-2nd Floor Balcony 1:30- Writing Group with Amy Lyles -2nd Floor DR 2:00-BINGO-M 3:15-World Cup Soccer Spotlight-MCR 4:00-Before Dinner Bubbly-IL Courtyard	9:45-Exercise – CR 10:30-Good Morning Nashville – 2nd FI Balcony 1:00-Balance & Coordination-CR 2:00-Culinary Committee-MCR 2:00- Mahjong Game- M 3:00-Travel Club: Osaka, Japan-MCR 4:00- Tiki Bar Tuesday! – IL Courtyard 6:00- Abe's Movie On The Lawn – Memory Support Courtyard	9:00-Morning Meditation - IL Courtyard 9:45-Exercise - CR 10:30-Good Morning Nashville -2nd FI Balcony 1:00-Hope Chorus Practice – P 2:00-Mahjong Game-GR 2:00 Music at Centennial Park Outing with Gracie + Val! 3:15-Israeli Dance – CR 4:00-Happy Hour – 2nd FI Terrace	9:45-Exercise – CR 10:30-Good Morning Nashville-2nd Floor Balcony 1:00-Tai Chi with Dr. Cindy – 2nd Floor 1:30-Flower Arranging Committee-M 2:00-Mahjong Game – M 2:30- Outdoor Golf Putt - IL Courtyard 4:00-Wine & Cheese - P	9:00-Morning Meditation – IL Courtyard 9:45-Exercise – CR 10:30-Good Morning Nashville- 2nd Floor Balcony 1:00- Juneteenth Reading and Discussion -MCR 2:00-BINGO – M 3:30- Dad and Donut Social - M 6:30- Movie & Popcorn-MCR Juneteenth	9:30-Chair Yoga with Courtney-CR 10:00- Share Your Stories – 2nd Floor Balcony 2:00- Art Class w/ Philo - 2nd Floor DR 3:00-Drop in Rummikub – M 3:00- Creative Writing Group with Sandra Plant -2nd Floor DR 6:00-Movie & Popcorn- MCR
10:00-Morning Movement with Baxie-CR 11:00-Westminster Presbyterian Livestream-MCR 11:00-1:00- Father's Day Brunch 1:30-Mahjong Game-GR 1:30-Movie & Popcorn- MCR 2:30-Bridge Game-M 3:30- Music with David and Karlie-P 6:00-Sunday Night Baseball-M Father's Day Summer Begins	9:00-Morning Meditation-IL Courtyard 9:45-Exercise-CR 10:30-Good Morning Nashville-2nd Floor Balcony 1:00-Stage Outing Committee - MCR 2:00-BINGO-M 3:15-Tech Help with Ken – MCR 4:00- Monday Concert Series with Brett Bryant-P	9:45-Exercise – CR 10:30-Good Morning Nashville – 2nd FI Balcony 1:00-Balance & Coordination – CR 2:00- Exploring American Music with Ken-MCR 2:00- Mahjong Game- M 3:00-Travel Club: Hiroshima, Japan-MCR 3:30- Abe's Garden Luau with Music by the Ukedelics! - IL Courtyard	9:00-Morning Meditation-IL Courtyard 9:45-Exercise – CR 10:30-Good Morning Nashville – 2nd FI Balcony 1:30- Hope Chorus Spring Concert! - P 2:00-Mahjong Game-GR 2:30-Music Therapy-MCR 3:15-Israeli Dance - CR 4:00-Happy Hour – 2nd FI Terrace	9:45-Exercise – CR 10:30- Good Morning Nashville – 2nd FI Balcony 11:15- Anatolia Turkish Lunch Outing! 1:30-Flower Arranging Committee-M 2:00-Mahjong Game-M 2:30- Speaker Series: First Responders – 2nd FI Balcony 3:15-Town Hall – P 4:00- Wine & Cheese - P	9:00-Morning Meditation-IL Courtyard 9:45-Exercise – CR 10:30-Good Morning Nashville – 2nd FI Balcony 10:30-Communion with Episcopal Church-Mall Card Room 1:00- Composer Spotlight with Gracie-MCR 2:00-BINGO - M 3:00- Cocktails + Mocktails w/ Ken-M 6:00 Shabbat Service – Club Room 6:30- Movie & Popcorn-MCR	10:00-Morning Movement with Baxie-CR 10:00- Share Your Stories – 2nd Floor Balcony 1:30- Sweet Treat Social - M 2:00- Garden + Plant Class with Joyce -M 3:00-Drop in Rummikub – M 3:00- Live Music with Cody Campbell-P 6:00-Movie & Popcorn- MCR
9:30-Chair Yoga with Courtney-CR 11:00-Westminster Presbyterian Livestream-MCR 1:30-Mahjong Game-GR 1:30-Movie & Popcorn- MCR 2:30-Bridge Game-M 3:30- Live Music w/ Olivia Watson-P 6:30 Sunday Evening Movie-MCR 6:00-Sunday Night Baseball-M	9:00-Morning Meditation -IL Courtyard 9:45-Exercise – CR 10:30-Good Morning Nashville -2nd Floor Balcony 1:30- Author + Arts Series – 2nd FI Balcony 2:00-BINGO-M 3:00-Brain Games-MCR 5:00- Birthday Dinner -2nd FI Terrace	9:30 Cheekwood Botanical Gardens Outing! 1:00-Balance & Coordination-CR 2:00- Team Trivia –M 2:00- Mahjong Game- M 3:00-Travel Club: Sapporo, Japan-MCR 4:00- Tiki Bar Tuesday! – IL Courtyard				