



## **Adult day program offering research-based engagement for people living with dementia**

**The Club at Abe's Garden** offers a safe and supportive environment for individuals living with dementia.

Our industry-leading, research-based **I'm Still Here**® approach offers members meaningful engagement through activities, socialization, and movement.

- Person-directed engagement
- Music therapy
- Pet therapy
- Exercise, chair yoga, & meditation
- Book club readings
- Art and creativity exploration
- History discussion groups
- Brain games like category sorting ... & so much more!

### **Routine Relief for Family Caregivers**

The Club offers full-time caregivers a much-needed break. While their loved ones are at our program, caregivers have time to rest, run errands, or finish other tasks. For caregivers who work during the day, **The Club** is a helpful solution in balancing a job with caregiving duties.

***"The Club is my salvation! As much as I love and adore my husband, we need time away from each other. The Club gives me that precious time. I relish my time alone at home or even doing errands by myself. He goes in The Club with a smile, and leaves with a smile. We both benefit from his time away!"***



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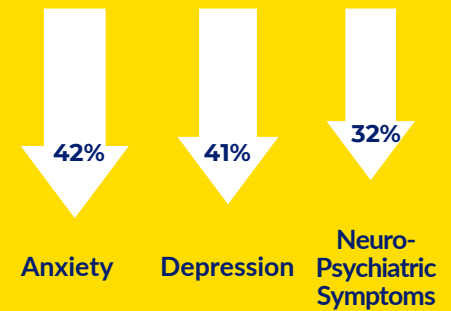
# Caring That Connects: The I'm Still Here<sup>®</sup> Approach

*A Unique Approach to Dementia Care*

## The I'm Still Here<sup>®</sup> Approach

Backed by over 25 years of clinically proven research by the **Hearthstone Institute**, the **I'm Still Here<sup>®</sup>** philosophy is a non-pharmacologic approach that combines meaningful activities, specialized communication techniques, and an enriched environment that creates opportunities for meaningful engagement and purposeful living for those living with dementia and their caregivers.

The I'm Still Here<sup>®</sup> Approach Has Shown to Decrease:



## What Sets Us Apart

Abe's Garden Community and its divisions are certified **I'm Still Here<sup>®</sup> Centers of Excellence** by the **Hearthstone Institute** for our commitment to providing opportunities that create positive, fulfilling experiences and allowing those with cognitive disorders to live engaged and purposeful lives.

## What This Means For You and Your Loved-One

Our care partners are specially trained to understand each person's unique needs, abilities, and interests. With this knowledge, they provide personalized care based on the individual's current abilities rather than those they have lost.



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